

A Prayer for Peace of Mind

You will keep them in perfect peace whose mind is stayed on you

Heavenly Father, in your love and wisdom you know the fears and anxieties of all your children. Your Son, Jesus Christ, said to his disciples: “Do not be afraid, It is I,” and to the tempest: “Peace be still”.

We ask, not only for ourselves but for all others, especially our healthcare workers, that we may cast all our cares on you, for we know you care for us.

Give us peace of mind and unshaken trust in you and guide us into perfect peace. Through Jesus Christ our Lord. Amen